

**Subject:** FW: Eastbourne Cobra Meeting  
**Date:** Wednesday, 15 April 2020 at 12:49:27 British Summer Time  
**From:** Darrell Gale  
**To:** Walsh, Laura  
**Attachments:** image001.png, image002.png, image003.png, image004.jpg

As promised

## Current Situation

The National Dashboard shows that there are now 359 cases of coronavirus in East Sussex confirmed by Public Health England. However, as testing has now been confined to those symptomatic in hospitals, and with some care home testing too, there will certainly be many more cases of the virus in the county than this number of confirmed cases. We should not be complacent and think that we are in a low prevalence area. We will not get a fuller picture of prevalence without significant community testing and this currently is not the national priority.

**We should consider East Sussex to have as high a prevalence as other areas; and live life accordingly; minimising all but essential contact.**

(For information: Across the UK there are now 93,873 confirmed cases. (459 in West Sussex, 218 in Brighton & Hove)

There have already been 12,107 deaths in the UK, with 37 in East Sussex (those these numbers are reported by hospitals so may not reflect the true number of deaths of East Sussex residents), but we know there will sadly be many more. Care homes are a concern; with many identifying outbreaks and there are an increasing number of deaths in care homes.

The Government is saying everyone must stay at home in order to help stop the spread of coronavirus. This includes people of all ages – even if you do not have any symptoms or other health conditions.

You can only leave your home:

- **to shop for basic essentials** – only when you really need to
- **to do one form of exercise a day** – such as a run, walk or cycle, alone or with other people you live with
- **for any medical need** – for example, to visit a pharmacy or deliver essential supplies to a vulnerable person
- **to travel to and from work** – but only where this is absolutely necessary

[Full NHS advice](#)

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## New help and advice ESCC webpage

We have launched a new web page on the East Sussex Council Council website that brings together a range of information and advice regarding the coronavirus. It includes sections on:

- **How to request and offer help**
- **Latest NHS advice**
- **Advice for key workers**
- **Support for business**
- **Employment and financial support**
- **Updates on county council service disruptions**

The new page is [here](#)

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## Public Health England (PHE) COVID-19 Campaign

# Resource Centre

Public Health England has created a new coronavirus campaign resource centre to allow for greater collaboration across PHE, NHS and local authority coronavirus campaigns. The resource is designed to ensure residents, partners and businesses are receiving clear and consistent communications that promote better public health. This is -particularly useful for businesses and voluntary sector organisations.

[PHE coronavirus resources](#)

With best wishes

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## **CORONAVIRUS - WASH YOUR HANDS MORE OFTEN FOR 20 SECONDS**

**Use soap and water or a hand sanitiser when you:**

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food



**Protect yourself & others**

For more information go to [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

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